

A szülők és gyermekeik obezitásának kapcsolata három magyar város iskolás gyermekeinél

The effect of the parental obesity to the obesity of the children at school-age (in Hungarian)

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Abstract: In this study the prevalence of obesity in the parents and their children and the effect of the parental obesity to obesity of the children were analysed. A sample comprising 4719 school-children of 7–18 years of age from elementary schools, secondary schools and vocational training schools was taken from the cities of Budapest, Győr and Nyíregyháza in 1996. Our results emphasize the role of the parental background to the obesity of the children.

Keywords: BMI, Parental body height, Parental body weight, Hungarian school-children, Obesity.